

Winter Kit List

GENERIC KIT

- Waterproof Jacket & Trousers – Breathable not lightweight
- Warm clothing i.e. Wicking base, fleece layer, good quality socks e.g. Smart wool, Thorlo, Bridgedale
- Spare warm layer for rucksack e.g. fleece, lightweight synthetic jacket
- Boots * – B3 e.g Scarpa Cumbre, Solomon Super Mountain, La Sportiva Nepal, Raichle 90 degree
- Gaiters
- Waterproof gloves & spares x 2
- Hat & spare
- Goggles
- Compass
- Water bottle and/or Flask & Food
- Rucksack (45ltr)*
- Orange Survival Bag or Blizzard Bag www.blizzardsurvival.com
- Whistle
- Blister kit
- Head torch & spare batteries
- Sunscreen, Lip salve, Sunglasses

WALKING & MOUNTAINEERING COURSES

- Walking Axe *
- Crampons *
- Sling & Screw gate Karabiner *

* These items may be hired